

WEL 9999 - Directed Study – PE I

Spring 2022

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WA 152

SCHEDULE:

Work will be completed at a student-directed pace with weekly benchmarks and check-ins with the instructor as needed.

DESCRIPTION: Physical Education I focuses on instructional strategies through a planned, sequential, and comprehensive physical education curriculum which provides students with opportunities to actively participate in at least four of the following:

- team sports;
- dual sport activities;
- individual physical activities;
- outdoor pursuits;
- self-defense and martial arts;
- aquatics;
- gymnastics; and
- dance,

all of which are within the framework of the skills, knowledge and confidence needed by the student for a lifetime of healthful physical activity and fitness. Ongoing assessment includes both written and performance-based skill evaluation.

- Recommended Grade: 9, 10, 11, 12
- Required Prerequisites: Grade 8 Physical Education
- Recommended Prerequisites: none
- Credits: 1 semester course, 1 credit per semester, 1 credit maximum
- Fulfills part of the Physical Education requirement for all diplomas 165 Indiana Department of Education 2021-2022 High School Course Titles and Descriptions
- As a designated laboratory course, 25% of course time must be spent in activity.

METHODS OF STUDENT EVALUATION:

Weekly activity log (60 points) minimum of 2.5 hours per week

Pre & Post Test (10 points)

Fitness & Exercise Article Reviews (55 points)

The following standard overall grading scale will apply:

	92.5% - 100%. A	89.5% - 92.49% A-
87.5% - 89.49% B+	82.5% - 87.49% B	79.5% - 82.49% B-
77.5% - 79.49% C+	72.5% - 77.49% C	69.5% - 72.49% C-
	0% - 69.49% D*	

“It is the policy of the Indiana Academy that any absence from class is unexcused, except for illness, death in the family, college or school-related activities, and extenuating circumstances. When a student is absent from a class, the instructor reports the student absence to the Faculty Attendance Coordinator in the Office of Academic Affairs. Unless the absence is excused by a school official, it is considered unexcused. The decision as to whether an absence is excused is not determined by the instructor.

*You are expected to attend every class. You are allowed one unexcused absence without penalty. Each additional unexcused absence will be penalized as follows: Unexcused absence (1) = 1-point subtraction from final grade. Unexcused absence (2) = 3-point subtraction from final grade. Unexcused absence (3) = 5-point subtraction from final grade. (For example, if you have an 89 final average with (3) unexcused absences your final grade will be 84). Four (4) or more unexcused absences will lead to academic and residential consequences beyond the scope of this class determined by the Office of Academic Affairs (i.e., residential groundings, parent/principal conference, and/or detention).

**Any minor assignment/test/project/presentation missed due to an unexcused absence will be handled according to the late work policy of this class. You will be given an opportunity to retake any missed assignment/test/project/presentation worth more than 20% of the final grade but will be docked a full letter grade as a result.”