**Online – PE II**

Spring 2025 Ms. Jessica Edrington

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765-285-7420

WA 147

Office Hours:

Mondays: 7:15-7:45am, 12:00-12:50pm, 2:00-4:00pm

Tuesdays: 12:00-12:50pm, 3:30-5:00pm

Wednesdays: 7:15-7:45am, 12:00-12:50pm, 2:00-5:00pm

Thursdays: 9:00am – 12:00pm

Fridays: 7:15-7:45am, 12:00-12:50pm, 2:00-4:00pm

**and by appointment**

I will also be available by email until 10pm most evenings. Any changes to these hours will be posted outside my office door and/or as a Canvas announcement.

SCHEDULE:

Work will be completed at a student-directed pace with weekly benchmarks and check-ins with the instructor as needed.

DESCRIPTION: Physical Education II focuses on instructional strategies through a planned, sequential, and comprehensive physical education curriculum which provides students with opportunities to actively participate in at least four of the following:

* team sports;
* dual sport activities;
* individual physical activities;
* outdoor pursuits;
* self-defense and martial arts;
* aquatics;
* gymnastics; and
* dance,

all of which are within the framework of the skills, knowledge and confidence needed by the student for a lifetime of healthful physical activity and fitness. Ongoing assessment includes both written and performance-based skill evaluation.1

● Recommended Grade: 9, 10, 11, 12

● Required Prerequisites: Grade 8 Physical Education

● Recommended Prerequisites: none

● Credits: 1 semester course, 1 credit per semester, 1 credit maximum

● Fulfills part of the Physical Education requirement for all diplomas

● As a designated laboratory course, at least 25% of course time must be spent in activity.

1 Students should seek opportunities for these options as part of their weekly activity log. For team or dual sport activities, seek out classmates or use an extracurricular activity. Open gym opportunities are offered by residential life on a regular basis. You can check with Ball State facilities for swimming pool availability for aquatics. Please see me if you have any questions about this aspect of the course.

METHODS OF STUDENT EVALUATION:

Weekly activity log (60 points) minimum of 2.5 hours per week

Pre & Post Test (20 points)

Fitness & Exercise Article Reviews (60 points)

The following standard overall grading scale will apply:

92.5% - 100%. A 89.5% - 92.49% A-

87.5% - 89.49% B+ 82.5% - 87.49% B 79.5% - 82.49% B-

77.5% - 79.49% C+ 72.5% - 77.49% C 69.5% - 72.49%. C-

0% - 69.49% D\*

“It is the policy of the Indiana Academy that any absence from class is unexcused, except for illness, death in the family, college or school-related activities, and extenuating circumstances. When a student is absent from a class, the instructor reports the student absence to the Faculty Attendance Coordinator in the Office of Academic Affairs. Unless the absence is excused by a school official, it is considered unexcused. The decision as to whether an absence is excused is not determined by the instructor.”

* *As this is an online course, work is to be done asynchronously. If you have an excused absence for multiple days for a week, please submit the activity log stating you have excused absences. I encourage you to complete the article reviews early so that way these are completed on time.*
* *Unexcused late assignments will be assessed a 10% deduction per day absent.*

Ball State University aspires to be a university that attracts and retains a diverse faculty, staff and student body. We are committed to ensuring that all members of the community are welcome through valuing the various experiences and worldviews represented at Ball State and among those we serve. We promote a culture of respect and civil discourse as expressed in our Beneficence Pledge. As a reflection of Ball State’s commitment to respect, civil discourse, and the Beneficence Pledge, Inclusive Excellence at the Indiana Academy emerges as one of the priorities of our living and learning community. We strive to exist together respectfully and compassionately, creating an environment where every member can thrive. Unfortunately, there might be occasions when something occurs that disrupts our progress toward meeting these objectives. In this case, we encourage any member of the Academy community to file a Campus Climate Report (CCR) <https://bsu.qualtrics.com/jfe/form/SV_6mbRbL5acAntUTI>. All reports will be taken seriously, and appropriate responses will be carried out by Academy administration.